

The *Volunteer* *Pastoral Care* Program

Pastoral support is available for all patients at Mid Coast Hospital, as well as for their families and hospital staff.

This program addresses the spiritual needs of persons from all different faith groups, as well as those who have no affiliation or religious tradition.

Volunteer chaplains receive special training to provide spiritual support and comfort for you and your loved ones.

Our goal is to be a compassionate presence, a friendly ear, and a quiet voice to serve you and your loved ones when there is a need.

Trained volunteer chaplains are on-call 24 hours a day. Volunteer visiting chaplains are present in the hospital many days of the week.

Both are committed to serving you and your family in a way that is respectful, sensitive, confidential, and supportive of your own personal beliefs.

**TO REQUEST A VISIT
by a volunteer chaplain,
speak to your nurse or physician,
or call the
Volunteer Pastoral Care Program
(207) 373-6378.**

MID COAST HOSPITAL

Volunteer Pastoral Care Program

123 Medical Center Drive, Brunswick, Maine 04011

(207) 373-6378

For a lifetime of caring



MID COAST HOSPITAL

*Attending
to the
Spirit*

*Providing
spiritual care
for those served by*

MID COAST HOSPITAL

**A Volunteer
Pastoral Care Program**

www.midcoasthealth.com

*Patients, family, and friends
are also welcome to avail
themselves of Mid Coast Hospital's
Meditation Area.*

*Situated on the second floor
at the top of the Grand Stairway,
the elliptical room offers a place
of quietude, an "eddy in the stream"
where one can reflect and renew.*

*Inspiration can be drawn from its
wall hangings and volume of verse.*

What Volunteer Chaplains can do for you

By their presence and empathy, volunteer chaplains are a powerful reminder of the healing, sustaining, guiding, and reconciling power of faith.

They come alongside to **be a supportive presence** for you during your stay here at Mid Coast Hospital.

They **listen** to you, to your stories, to your hurts, to your concerns, and to your joys. Often there is healing in being heard.

They do not preach to you, nor do they try to convert you or change your views. Instead, they seek to **encourage** you in your own beliefs, fostering and nourishing your own spiritual wellbeing.

They are able to **pray** with you, **read** scripture with you, and even **provide pastoral counsel**—but ONLY if you want these services. They will be sensitive to your desires in these areas.

They can **support** you as you make difficult decisions, and as you cope with the challenges faced here at the hospital.

They can **comfort** you in times of grief, and rejoice with you when healing comes.



Volunteer chaplains always seek to **promote healing**—the healing of body and spirit—as they share a compassionate presence in your life and in the lives of those who are dear to you.

They can **be your advocate** with other members of the hospital staff.

They can struggle along side you as you **seek to make sense** out of the things that are happening to you here.

They can help you **reconnect** with your own faith community, if you decide that is what you would like to do.

While they come from a wide variety of religious backgrounds, they seek to provide pastoral care for everyone in a manner which shows **respect** for other points of view and which is helpful for you and your family.

Volunteer chaplains are **committed to the mission of Mid Coast Hospital** to provide “quality health-related services directed toward continually improving the health and wellbeing of the patients and communities we serve.”

About Mid Coast Hospital's

Volunteer Chaplains

Recognizing that spiritual wellbeing is one aspect of total healthcare, the mission of the Volunteer Chaplains Program at Mid Coast Hospital is to provide spiritual support and quality pastoral care to the patients, families, and staff of Mid Coast Hospital, observing the highest standards of compassion and professionalism, and respecting the faith systems of all.

Volunteer chaplains come from a wide variety of religious and spiritual backgrounds. They seek to provide spiritual comfort without imposing their own opinions or judgments upon anyone.

Volunteer chaplains do not proselytize or attempt to change the views of others, but rather they clarify, support, and nourish the values of others so as to promote their spiritual wellbeing.



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